

Massage and Reflexology by John

John Acs Jr., BCTMB, CR

Board Certified Massage Therapist

Certified Foot Reflexologist

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Corporate Chair Massage

Proudly Serving Metro Detroit Since 2013

A 15 minute break that's more effective than a cup of coffee!

Benefits of Workplace Massage:

- Boosts employee morale
- Reduces tension and pain
- Reduces number of sick days
- Enhances employee productivity
- Relieves repetitive stress injuries
- Increases employee retention
- A great way to say thank you for a job well done!
- A wonderful enhancement to any existing wellness program or a terrific way to start one!



Workplace Massage is very affordable. Contact John for a quote today!

Payment Options:

1. Company pays 100%
2. Company / employees share the cost.
3. Employees pay 100% of their individual session.

Employers - make it a weekly benefit that your entire staff can look forward to!

Payroll Deduction is a convenient option. It's a no/low cost benefit that your employees will really enjoy! **Ask John how his current corporate clients are offering this to their employees!**

How It Works: A sign up sheet and promotional material is left with a contact person in your office. The contact person will e-mail the sign up sheet to John the day before the **massage day** is to take place. John will reply same day with a schedule and billing invoice. The contact person will forward the appointment schedule to the participants. On **massage day**, the sessions are carried out as scheduled on a portable massage chair. The massage chair will be set up in a small area that's been pre determined so as to provide privacy for the sessions. The massage chair is adjustable and designed to allow the employee to adopt a comfortable and relaxing position; while at the same time enabling treatment of the back, neck, shoulders, arms, and hands. A massage table may also be requested. No oils or lotions are used, and the employee stays fully clothed. Relaxation music is provided to help the employee relax. The length of the sessions are pre determined. **All sessions are customized to meet the specific needs of the clients.** Payment is due upon completion of the sessions. For your convenience John accepts cash, checks and most major credit cards.

A **massage day** is typically scheduled 1-5 hours, based on the number of participants. Convenient scheduling options are available on a weekly, bi weekly, monthly, and quarterly basis, as well as for special occasions and events. Additional therapists can be requested to accommodate larger groups or events.



John Acs Jr., BCTMB, CR is Board Certified, Licensed and Insured to practice in the State of Michigan.
Member of: NCBTMB - National Certification Board of Therapeutic Massage and Bodywork.
Member of: ABMP - Associated Bodywork & Massage Professionals.

"Feel better"